



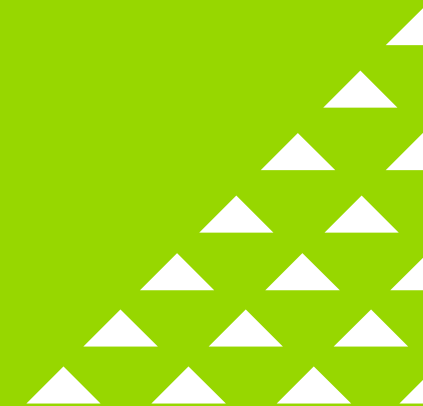
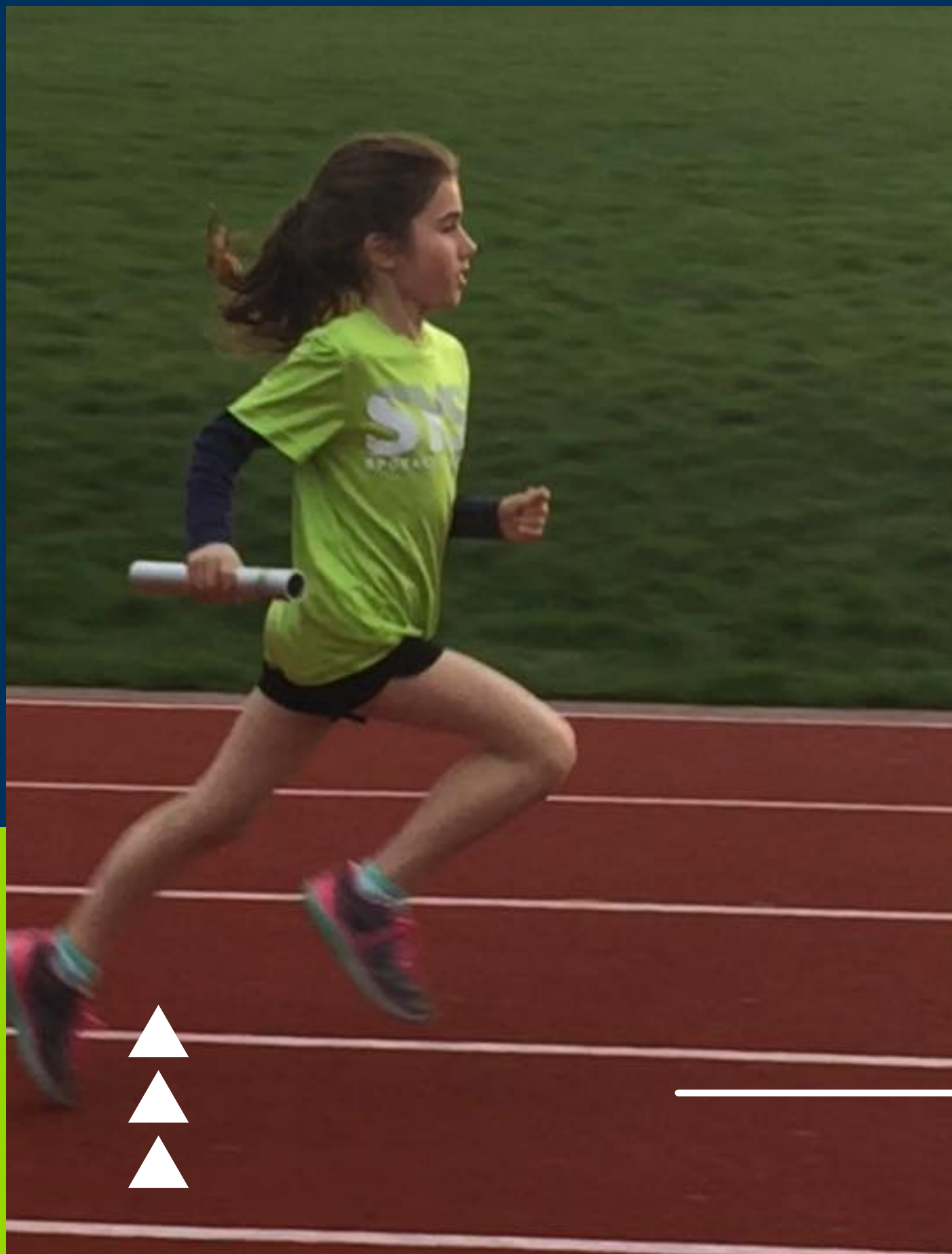
SYSA SPRING TRACK & FIELD

Coaches Meeting
April 1st, 6:00pm



SEASON SCHEDULE

- Practices begin week of April 8th
 - Grades 1-2 will practice once a week
 - Grades 3-6 will practice twice a week
- Practices can be scheduled any day Monday - Friday
- All games are scheduled for Saturdays at North Central High School
- Meets will be 4/20, 4/27, 5/4, and 5/11
- Picture Day is April 27th
 - Individuals? Team?
- All-City Meet will be 5/18



MEETS

[Click here for the meet schedule](#)

Any proposed changes to the lineup?



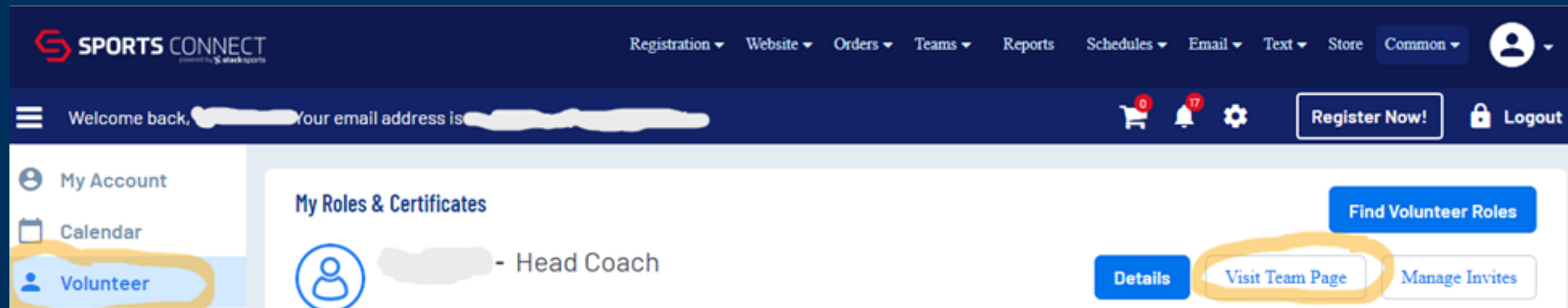
SHOT PUT



REACHING OUT TO YOUR TEAM

Sports Connect can be used as a communication tool, find your team rosters, and view schedules

01 Use Sports Connect to reach out to your team via Team Page



02 Set up an team email, Zoom , or team meeting to set the culture and expectations on your team

03 Culture begins with YOU

GEAR PICKUP

- Gear Pick will be at SYSA's Office (800 N Hamilton, Ste #201 - Second level of the Warehouse)
- Coaches can begin picking up gear starting **Last Thursday**
- SYSA's Office is open **9:00am - 4:00pm, Monday - Friday**
- If you are unable to pick up your gear, you are welcome to send someone on your behalf
- **Coaches will receive**
 - **Jerseys** - players keep
 - **javelin, shot put (or softball for age), batons, stop watch, measuring tape, cones, and whistle.**



UNIFORMS

Each player will be given a jersey



Uniform Exchanges

-If any players need a different size, their parent can bring the uniform to the SYSA office to exchange the size

Unused Uniforms

-Please return any unused jerseys to the SYSA office when you return your gear bag at the end of the season



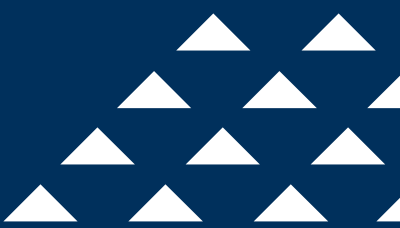
PRACTICES

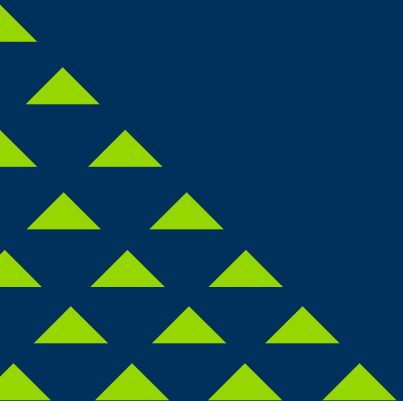

- Typically our K-2 group will practice once a week and the 3-6 will practice twice a week.
- Some basic curriculum can be found on the “coaches corner” tab. We are trying to add to this here in the next week or so.
- [Coaches Corner](#)



CODE OF CONDUCT

- SYSA has a zero tolerance policy for any and all inappropriate behavior
- Any player this is found to be conducting themselves in a way that violates the Code of Conduct will be disqualified from the current contest and the following content
- Spectators who violate Code of Conduct will be asked to remove themselves from the area





***THANK YOU FOR
COACHING!***

