

Skyhawks Sports Academy

Spring 2021 Protocol Levels and Policies in Response to COVID-19

Our Plan to Ensure a Safe, Fun Season for Skyhawks Participants Across the Country

Based on state and local guidelines, Skyhawks Spring 2021 programs will operate under one of the following four protocols in each region. The attached policies and procedures will be implemented in all regions. As local guidelines on social distancing, gathering size limits and youth activities change, the protocol level in an area may change accordingly. All programs will be run either outdoors or with strict gathering size limits indoors based on facility size. While programs will look different than we are used to, our goal is to provide a fun, skill-building experience for each child that improves confidence and instills a passion for an active lifestyle. More than ever, safety is our top priority! The Skyhawks team will strive to make the best policy decisions based on the unique conditions and guidelines in each community we serve.

Spring 2021 Program Protocol Levels 1 – 4

*Every community should fall within one of these protocol levels with adjustments based on state and local guidelines

Level 1 – Typical Program Format with Added Policies

Programs run normally with typical participant to coach ratios (8:1, 10:1 or 12:1 depending on the program) and different groups may interact with one another in scrimmages and camp games. The attached guidelines and policies will be implemented to limit contact and the spread of germs.

Level 2 - Isolated Groups with Participant Interaction

Small groups of 12 or less each led by an instructor with loose restrictions on social distancing. Children may participate in drills, play scrimmages and engage in camp games within the small groups of 12 or less. All program groups will be led by a different coach and maintain a distance of at least 15-feet to avoid large gathering sizes. The attached guidelines and policies will be strictly enforced to limit contact and the spread of germs. Equipment will be sanitized during and after programs as required. Program staff will wear cloth face coverings when a minimum of 6-feet of social distancing is not possible. Staff may be required to wear face coverings at all times based on direction from local Skyhawks management or changing state/local guidelines. Participants are required to have face coverings on their person at all times and, in some areas, must be worn as often as possible. While face coverings may not be required 100% of the time in some areas, they are to be worn during check-in, check-out or when 6-foot distancing is not possible or not being followed.

Level 3 – Isolated Groups with Social Distancing and Modified Curriculum

* Most Common Protocol

Small groups of 12 or less each lead by an instructor with strict restrictions on social distancing (group size may vary by area). Children will remain 6-feet apart within small groups and will participate in modified activities to ensure social distancing within small groups of 12 or less. All program groups will be led by a different coach and maintain a distance of at least 15-feet to avoid large gathering sizes. The attached guidelines and policies will be strictly enforced to limit contact and the spread of germs. Equipment and facility contact surfaces will be sanitized after and during each session as required. Sharing of equipment may be strictly limited or not allowed. Program staff are required to wear cloth face coverings at all times. Participants are required to have face coverings on their person at all times. Face coverings are to be worn as frequently as possible, including during check-in, instruction and at check-out. Depending on local guidelines, temperature checks may be required at checkin in addition to the screening questions outlined on the following policy list.

Level 4 – Virtual Programming Only

No in-person programming will be offered. Skyhawks will work with organizations to offer pre-designed, live or pre-recorded virtual programs led by top Skyhawks instructors.

Spring 2021 Program Policies in Response to COVID-19

*These policies should be practiced at all Spring 2021 programs with adjustments based on state and local guidelines

- □ Skyhawks will closely monitor CDC guidelines related to youth sports and program-related policies as well as review state and local protocols and regulations to ensure compliance before determining whether or not to conduct in-person camps.
- □ Skyhawks program staff, participants and any family members must not be or have been sick within the past 14-days. Any staff member or participant who does not comply will not be allowed at programs until the 14-day minimum has been reached.
- □ Face Coverings-Parents must provide a face covering for their child. While they are not required 100% of the time, they are to be worn during check-in, check-out or when 6-foot distancing is not possible or not being followed. Parents should wear a face covering while at the program.
- □ Programs will be run outdoors where possible with indoor locations being approved based on strict gathering size limits according to facility size. If a program is indoors, check-in/check-out procedures should happen outside.
- □ No contact check-in/check-out − Parents will check in their child from 6-feet away verbally acknowledging child's name for attendance purposes stating any special notes regarding allergies, approved pick-up contacts, health concerns, etc. Participant belongings shall be spaced 6-feet apart.
- ☐ First meeting parent orientation Shall be conducted outside with parents following social distancing guidelines.
- □ Parents/guardians must maintain 6-foot social distancing requirements during sign-in and sign-out times. Parents/guardians must also avoid congregating in groups and maintain social distancing before, during and after the program.
- □ Modified roster document − Roster packet will include: Program information, attendance sheet with child information and parent contact details, participant notes, staff/immediate family 14-day no-sickness acknowledgment, participant/immediate family 14-day no-sickness acknowledgment (verbally communicated/acknowledged)

- □ Peer and coach interaction High fives, fist bumps, hugs and other peer-to-peer/coach-to-peer contact not allowed.
- □ Equipment All equipment will be sanitized after each program session and during sessions as needed.
- □ Strict hand washing practices Before snack breaks and lunches children must wash hands for 20 seconds with soap and water or use a hand sanitizer that contains at least 60% alcohol. Skyhawks will provide hand sanitizer as an extra precaution (while supplies last), but we urge parents to provide their child with their own bottle which should not be shared with other participants
- □ Snack and Lunch Times (if applicable) As normally practiced, sharing of food or drink is strictly forbidden. Snack and lunch time will be taken in groups and with social distancing based on guidelines presented in protocol levels 1-3 above.
- □ Face touching − Skyhawks staff will remind participants throughout each session not to touch their face, mouth or eyes. Participants will also be reminded to cover all coughs and sneezes with their elbow crease/ forearm.
- □ The parent's role − In addition to a water bottle, snacks and lunch (if applicable) and sunscreen, parents should provide hand sanitizer (if available), a face covering and a towel which will help in limiting facial touching. Parents must wear a face covering while at the program, whether checking in/out or visiting.
- □ Facility requirements All program facilities must have access to running water and soap. Facility must be recently and regularly maintained by on-site maintenance staff to ensure a safe, clean environment for programs.
- □ At-Risk Groups − Persons who are olderpregnant, or who have underlying health conditions, including those with compromised immune systems or respiratory conditions like severe asthma, are at higher risk to develop complications from COVID-19. These individuals should not drop-off/pick-up participants, participate in programs or instruct programs.

Scenario Procedures: Staff or Participant Reports Positive COVID-19 Test or Symptoms *Scenario procedures may very depending on local, state, and CDC guidelines

- 1. If a staff member or participant tests positive for COVID-19 during a program, the program will immediately be cancelled and staff members, participants and partnering organizations will be notified. The local health department will be notified. All registered participants will receive a prorated credit to their customer account.
- 2. If made known to Skyhawks that a staff member or participant tests positive for COVID-19 within two weeks of completion of a program, staff members, participants and the partnering organization will be notified. The local health department will also be notified.
- 3. If a Skyhawks staff member tests positive for COVID-19, they will be placed in an inactive status until they are symptom free and 14 days have passed since their last symptom or they provide a doctor's note stating a negative test result.
- 4. If a Skyhawks staff member reports symptoms of COVID-19 (e.g., fever, cough, shortness of breath), they will be placed in an inactive status until at least 72 hours have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms and at least 10 days have passed since symptoms first appeared.
- 5. If a participant reports symptoms of COVID-19 (e.g., fever, cough, shortness of breath) during camp, they will be quarantined until their parent/guardian arrives and removed from the program, receiving a prorated credit. All other listed parents of program participants will be notified same-day. The child will not be able to return to a Skyhawks program until at least 72 hours have passed since recovery, which shall be defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms. The child may be allowed back to the program as soon as next-day if a doctor's note is provided that states the condition was not related to COVID-19.

We Are Here for You — Please Contact Us With Any Questions You Have!



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