



Return to Play Guidelines

***Sport Skills Camp is classified as a low risk event focusing on skill building, drills or conditioning.**

General

1. Be smart: if you are sick, stay home. This applies to everyone: players, coaches, and parents. If you have been sick, stay home for 14 days after recovery.
2. Screening: Greet all participants before practice and ask if they have been sick in the last 14 days or in direct contact with a person who is sick. Send home immediately if the answer is “yes.”
3. Sanitize: have hand sanitizer available and encourage hand washing before and after all activities.
4. Group play: all activities must be limited to the max number allowed in the current phase. Phase II ~ 5 participants: 1 coach
5. Physical play: facilitate activities that eliminate physical contact. All drills should have as little physical contact as possible.
6. No high-fives, handshakes, or hugs: as much as we want to physically connect, this is not a safe practice for anybody right now.
7. Masks: participants and spectators should wear a mask to and from their designated field.
8. Labeled Water bottles: to minimize accidental sharing of water, players must keep their water bottles in their own area when not in use.
9. Have fun, stay positive: everyone is looking to each other to stay calm, supportive, and compassionate during this time.

Coaches

1. Follow all established federal, state, and local protocols.
2. Ensure all athletes have their individual equipment (ball, water bottles, bag, etc.) and prohibit them from sharing anything. Equipment placement should be spaced at least 6 feet apart.
3. The coach is the only person to handle cones, disks, etc.
4. All training must be outdoors and coaches must strictly enforce social distancing per the current phase guidelines.
5. Coaches must always wear a face mask per current phase protocol and social distance from players when required.
6. Have fun, stay positive – players and parents are looking to you to stay calm, supportive, and caring during this time.

Parent/Guardian Responsibilities

1. Ensure athletes are healthy, check their temperature daily.
2. Limited or no carpooling.
3. Stay in car or social distance when at fields, wear mask at all times if outside your car.
4. Ensure child's clothing is washed after every training session.
5. Label your child's equipment to guard against cross-contamination.
6. Ensure all equipment is sanitized after every training.
7. Notify SYSA immediately if your child becomes ill for any reason and do not bring them into contact with coaches or other players.
8. Do not assist coaches with equipment before or after training.
9. Be sure your child has necessary sanitizer with them at every training.

Player Responsibilities

1. Wash hands thoroughly before and after training and any contact outside your home.
2. Bring and use hand sanitizer with you at every training session. Especially at the beginning and end of sessions.
3. Limited or no carpooling.
4. Wear mask when entering and exiting the fields. This protects others in the event that you are unknowingly carrying the virus.
5. Do not touch or share anyone else's equipment.
6. Bring your own ball to training, label it as your own.
7. Practice social distancing and place bags and other equipment at least 6 feet apart from your teammates' equipment during sessions.
8. Wash and sanitize all equipment before and after every training session.
9. No group celebrations with players closer than six feet, no high fives, hugs, cheers, etc.