

Indoor Youth Flag Football

Registration Winter 2018-2019

Spokane Youth Sports Association 1221 N. Howard St. Spokane, WA 99201
P. 328.SYSA (7972) F. 534-0191 WWW.SYSA.COM

The mission of Spokane Youth Sports Association is to provide sports activities for all youth where everyone plays, develops skills is taught good sportsmanship, and learns the value of being a team

Session I (5 v 5) JAN 4 – FEB 8 \$ 100

Register by Dec 27th to avoid add'l \$20 late fee

☐ 7/ 8 Grade ☐ High School

Session II (7 v 7) FEB 15 - MAR 23 \$100

Register by January 31st^t to avoid add'I \$20 late fee

□ 1/ 2 Grade □ 3/ 4 Grade □ 5/6 Grade

SYSA Office Use

Participant First ______ M.I. ____ Last _____ DOB__ / _ / Current School Grade _____ Gender: Male Female City____St__Zip____ Family Address_____ Parent/Guardian 1 Name: _____ Parent/Guardian 2 Name: _____ Primary Phone P/G2 Phone: P/G1 Email: ______ P/G2 Email: _____ Allergies or Special Needs Emergency Contact (other than parent/guardian)______ Emergency Contact Ph._____ For Team Building Purposes: Coach Request Closest high school Area: ___ (Informational, does not guarantee specific placement) (Central Valley, Cheney, Deer Park, East Valley, Ferris, Lakeside, Lewis & Clark, Mead, Mt Spokane, North Central, Riverside, Rogers, Shadle, Are you willing to Coach? Yes, Head Coach Yes, Asst Coach No Maybe University, West Valley) (Please circle) ☐ Check #____ (Payable to SYSA) Payment Must Accompany Form*: ☐ Cash paid in SYSA Office ☐ Debit/Credit Card (Circle One) <u>Visa</u> <u>Master</u> Card Number___ _____ Exp Date _____ *Forms received without **complete** payment information will not be processed. Release of all claims against Spokane Youth Sports Association: In consideration of permission granted my child/ward by Spokane Youth Sports Association to participate in the activity checked above, I, the parent or guardian of the above named child, hereby release and discharge Spokane Spokane Youth Sports Association, it's officers, employees, representatives, coaches, and referees from all claims, demands, actions, judgments and executions which the child, parent or guardian ever had, now has or may have, or which the child or guardian's heirs, executors, administrators or assigns may have or claim to have against Spokane Youth Sports Association, it's officers, employees, representatives, coaches, and referees; their successors or assigns, for all personal injuries, known or unknown to my child/ward, and injuries to property, real or personal, caused by, or arising out of the above described sports activities. Also, I, the parent or guardian of the above named child, hereby authorizes Spokane Youth Sports Association the ability to use photos for publication, taken during games and events. I, the parent or guardian, have read this release and understand all terms. I execute it voluntarily and with full knowledge of the significance. My signature is legal authorization for emergency care and acknowledgment of release of all claims statement. See Page 2/Back for additional information. Signature(s) below acknowledge that you've read and understand: SYSA Release above as well as Concussion Compliance on back. Parent/Guardian: printed name



Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or r		
Headaches	Feeling sluggish or slowed down	Nervousness or anxiety
"Pressure in head"	Feeling foggy or groggy	Irritability
Nausea or vomiting	Drowsiness	More emotional
Neck pain	Change in sleep patterns	Confusion
Balance problems or dizziness	Amnesia	Concentration or memory problems
Blurred, double, or fuzzy vision	"Don't feel right"	(forgetting game plays)
Sensitivity to light or noise	Fatigue or low energy	 Repeating the same question/comment
	Sadness	

Signs observed by teammates, parents and coaches include:		
Appears dazed	Slurred speech	
Vacant facial expression	Shows behavior or personality changes	
Confused about assignment	Can't recall events prior to hit	
Forgets plays	Can't recall events after hit	
Is unsure of game, score, or opponent	Seizures or convulsions	
Moves clumsily or displays incoordination	Any change in typical behavior or personality	
Answers guestions slowly	Loses consciousness	

For current and up-to-date information on concussions you can go to: http://www.cdc.gov/ConcussionInYouthSports/

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student athlete's safety.

If you think your child has suffered a concussion: Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new "Zackery Lystedt Law" in Washington now requires the consistent and uniform implementation of long and well-established return to play concussion guidelines that have been recommended for several years: "a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time" and "may not return to play until the athlete is evaluated by a licensed heath care provider trained in the evaluation and management of concussion and received written clearance* to return to play from that health care provider".

Remember, it is better to miss one game than miss the whole season. When in doubt, the athlete sits out.

*Health Care Provider Clearance forms required for completion and submission to SYSA are available at www.sysa.com or 536-1800 or the office: 800 N Hamilton #201, Spokane WA 99202



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SYSA

Cancellation & Refund Policy Camps, Rookie Soccer, Indoor Soccer/Football And Speed & Agility

SYSA understands that, from time to time, players may need to withdraw from a camp, due to unforeseen circumstances. Registration fees are based on a variety of costs determined by the number of participants registered. Because many of these costs must be paid in advance, player withdrawals still result in a cost to SYSA.

We have adopted the following policy for refunds to accommodate people whose plans have changed, while maintaining the financial responsibilities associated with each sport season.

	<u>DATE</u>	<u>REFUND</u>			
	REQUESTED 10 DAYS BEFORE	ELIGIBLE FOR A REFUND MINUS \$10			
	CAMP START DATE	PROCESSING FEE / PER REGISTRANT			
•	 Once camps have begun, refunds will not be given for cancelled registrations. Under extenuating circumstances, a partial refund may be considered. 				
•	 All refund requests need to be emailed to <u>receptionist@sysa.com</u> Please include the player's name, name of camp and reason for the refund request. 				
•	 Refunds are issued as follows: Credit/Debit: Refunded to original card (allow 5-7 business days) Check/Cash: Refunded by SYSA issued check (allow up to 2 weeks) 				
rent/G	uardian:	Date			
	printed name	signature			



SYSA Anti-Violence Policy

The purpose of Spokane Youth Sports Association (SYSA) Anti-Violence Policy is to promote a positive and safe environment for its players, coaches, officials, referees, staff and spectators.

This Policy applies, but is not limited to, the following behaviors/actions by or against players, coaches, officials, referees, staff or spectators at any SYSA event:

- Verbal assaults or verbal abuse
- Verbal or physical intimidation and threats
- Aggressive action both physical and verbal
- Striking another person
- Physical or verbal action that attempts or leads to inciting violence
- Throwing objects at another person
- Any other physical or verbal behavior that would lead a reasonable person to feel threatened or unsafe

Anyone engaging in any of these behaviors will be immediately removed from the SYSA event and will not be allowed to return to the event or future SYSA activities until cleared by SYSA. If a decision is made to not allow the individual removed to return, no refunds will be issued.

No Fighting – Zero Tolerance

SYSA has a strict zero tolerance "no fighting" policy for all of its sports and other activities.

- If any individual (player, coach, official, referee, staff or spectator) as set forth in this Anti-Violence
 Policy engages in any sort of physical or verbal altercation/fighting which includes, but is not limited to,
 punching, kicking and/or any other act which is intended to or causes harm to another person, the
 following consequences will be implemented and enforced:
- 1. The individual will be immediately removed from the SYSA event;
- 2. The individual will not be allowed to return to the event or any future SYSA event or activities until cleared by SYSA;
- 3. If the individual is a player or coaching staff, the player or coaching staff will be immediately suspended for the entire remaining season (will carry over to the following year) and will not be allowed to return to future SYSA events/activities until cleared by SYSA;
- 4. No refunds will be issued.

sy signing below, you agree to the terms of SYSA's "Anti-Violence" Policy								
Parent/Guardian:			Date					
	printed name	signature						