

## SYSA HS COED 6v6 Indoor Soccer Rules

*\* FIFA rules apply if not modified within \**

The following rules have been established in order to ensure fair play for all participants. Each coach and player is expected to understand these rules prior to their participation.

1. **Number of Players:** Six players on the field (5 plus a goalkeeper). A team must have a minimum of 5 players to start a game. Players may play on other teams within the High School Coed (U15-19) division only if they are registered for the current session with SYSA, if a team is down players, if a roster is low on players for the session, and if approved by the Coordinator. For coed divisions, there must be at least 2 girls on the field at all times (unless you (the coach) receives an email from the Coordinator indicating low number of girls and instruction of at least 1 girl on the field at all times).
2. **Uniforms/Protective Casts:** All players must wear jerseys/shirts during play. The referee must approve players wearing protective casts. Hard casts will not be allowed. No jewelry will be allowed, including earrings of any type, necklaces and bracelets. The only exception will be players wearing medical bracelets.
3. **Player Equipment:** All players must wear shin guards. Any player without shin guards will not be allowed to play.
4. **Sportsmanship:** Good sportsmanship is to prevail at all times. Coaches and captains will be held responsible for the conduct of themselves, their players, players' parents and spectators.
5. **Goal Scoring:** A goal may be scored from a touch (offensive or defensive) from anywhere on the field. The only exception to this rule is you cannot score directly from a kick-in from the sidelines. The ball must be touched by another person, either offensive or defensive.
6. **Game Duration:** The game shall consist of two 22-minute halves separated by a 2 minute halftime period. The home team will pick the side of the field they want for the first half and the visiting team will start with the ball. Games tied after regulation play shall end in a tie. There are no timeouts and the game clock does not stop.
7. **Forfeits:** Teams are given 5 minutes before a forfeit is issued by the referee.
8. **Substitution:** Substitutions may be made "on the fly" or during dead-ball situations, regardless of possession.
9. **No Off-sides**
10. **No Slide Tackling**
11. **Coach/Parent Ejection:** The referee has the right to eject a coach or parent from any game for any irresponsible behavior that warrants ejection. Coaches or parents whom are ejected must leave the building before play will continue. If a coach or parent refuses to leave, the game will be forfeited in favor of the opposing team.
12. **Player Penalties:** In the case that a player is too aggressive and safety for other players is a concern, they will first be warned. If a second time occurs they will be asked to leave the field for two minutes and their team will play down a player until the 2 minutes are complete even if the other team scores. The referee will give the time that the player can return to the coach. It is the coach's responsibility to make sure that the player is not playing or adding a substitute for the penalized player until the 2 minute penalty is complete.
13. **Kick Off:** May be taken in any direction. You may score directly from a kick off.
14. **Kick-Ins:** When the ball touches any part of the net above the walls, the ball shall be kicked into play from the sideline instead of thrown in. The ball is considered in play when the ball is touched and moves one full rotation.
15. **Five Yard Rule:** In all dead-ball situations, defending players must stand at least 5 yards away from the ball. If the defensive player's goal is closer than 5 yards, the ball shall be placed 5 yards from the goal in line with the direction of play prior to the penalty.
16. **Direct & Indirect Kicks:** All dead-ball kicks (kick-ins, kick-offs, free kicks) are indirect with the exception of corner kicks and penalty kicks, and kick-offs.
17. **Penalty Kicks:** Shall be awarded if, in the referee's opinion, a scoring opportunity was nullified by an infraction. Penalty kicks are direct kicks taken from the spot inside of the penalty area. The ball is live when kicked. Only the player who was fouled (or nearest to foul) may take the penalty kick.