



## SYSA Lightning Policy

Officials and Coaches make decisions based on recommendations from the National Severe Storms Laboratory (NSSL) using the flash-to-bang method regarding suspensions & terminations of games/practices due to lightning.

Flash-to-bang method:

- count the seconds from the time the lightning is sighted to when the clap of thunder is heard
- If clap of thunder is heard within 30 seconds of the lightning flash, then all games/practices are suspended for a minimum of 30 minutes.
- Games/practices do not resume for at least 30 minutes after the last flash-to-bang of less than 30 seconds.

When games/practices are suspended due to lightning, individuals should leave the game site and seek a safe structure or location.

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